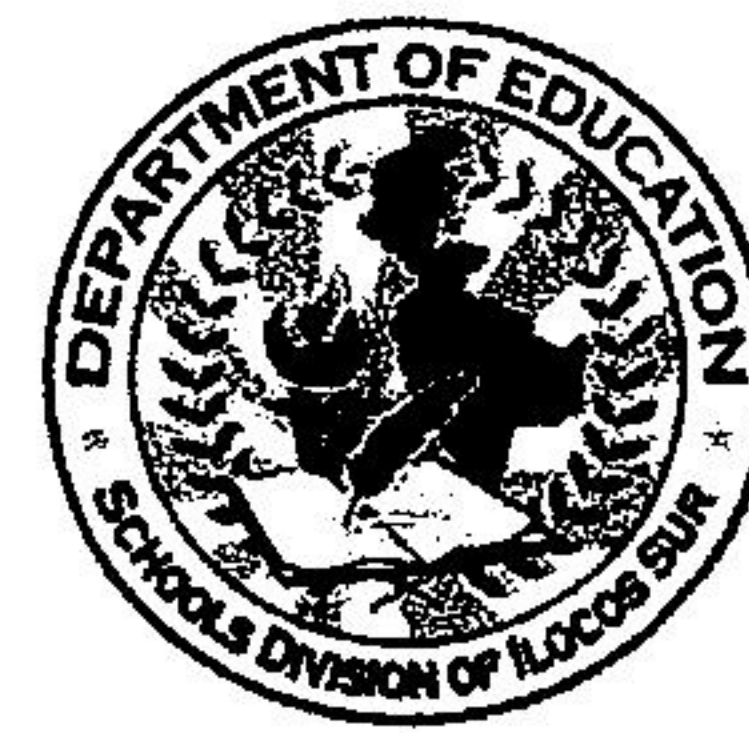




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Bantay, Ilocos Sur



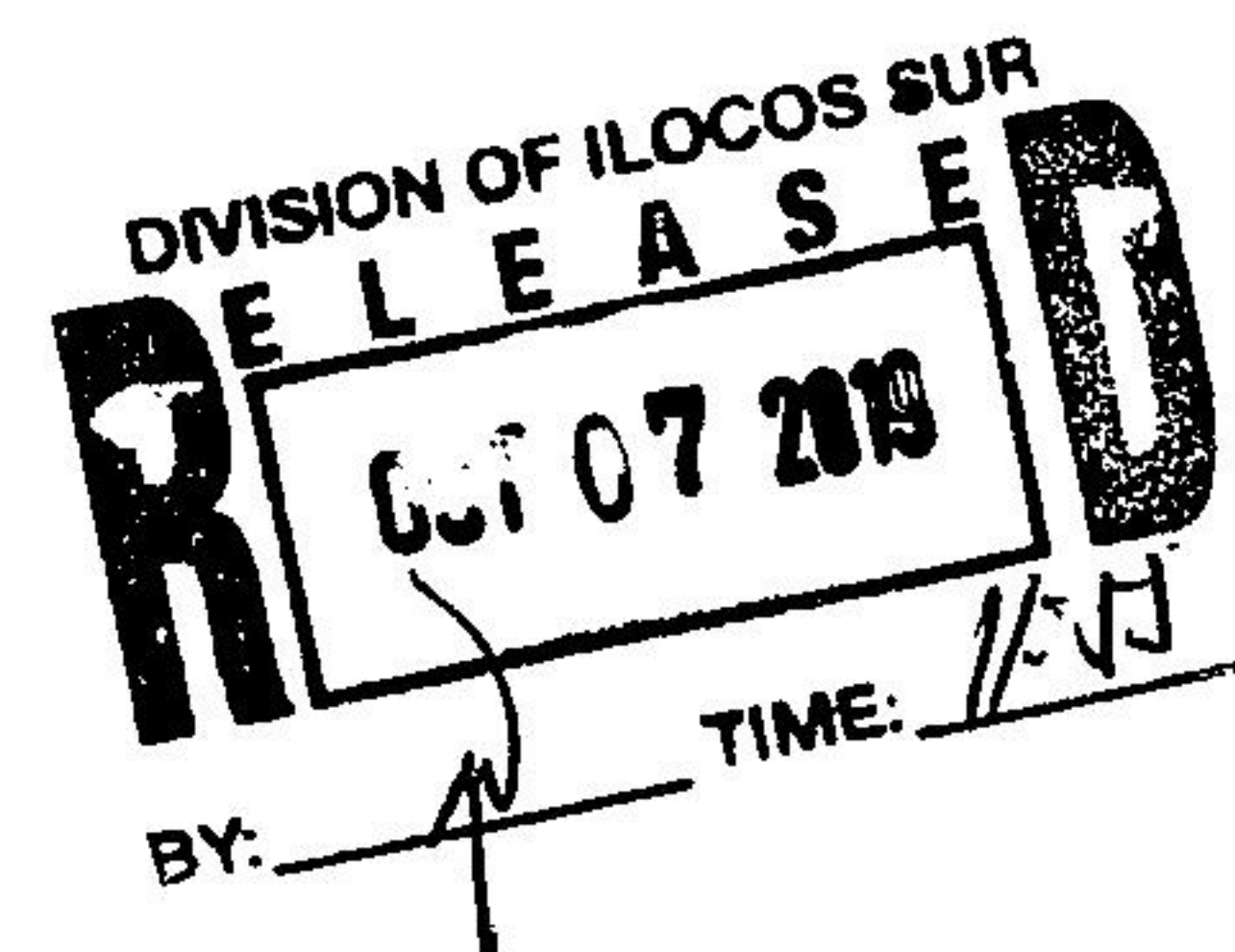
October 1, 2019

DIVISION MEMORANDUM
No. 354 s. 2019

SDO ILOCOS SUR ATHLETIC FESTIVAL 2019

To: **OIC – Assistant Schools Division Superintendent**
Chief Education Supervisors
Education Program Supervisors
Public Schools District Supervisors
Division Sports Officers
Chairpersons, Athletic Units
School Heads of Elementary and Secondary Schools (Public and Private)
Officiating Officials
Tournament Managers
Coaches and Athletes
All others concerned

1. In pursuit of excellence in school sports, the SDO-Ilocos Sur shall conduct the **SDO ILOCOS SUR ATHLETIC FESTIVAL 2019** at the **Quirino Stadium, Bantay, Ilocos Sur** on **November 12-15, 2019**.
2. The theme of the sports festivity is **"Making Schools Happier Through Sports."**
3. The objectives are:
 - a. To pursue excellence in sports and athletic discipline, teamwork and other positive values of physically developed and equally qualified athletes, coaches and officiating officials;
 - b. To have a fair search for the Divisions' best trained and most winnable participants (athletes, trainers, officials) for the 2019 R1AA Meet, and
 - c. To intensify/improve the participation of special children in SDO Ilocos Sur Athletic Festival 2019.
4. In compliance to age eligibility of athletes as per existing DepEd guidelines, please be guided with the following policies:
 - a. The cut-off dates are January 1, 2007 for elementary and January 1, 2002 for Junior and Senior High School athletes.
 - b. The following pertinent athletes' documents (Please see attached templates) should be placed in folders and should be submitted at the Division Office on or before **October 28, 2019** (Attn: DSAC):
 - AR Form
 - Original Copy of PSA/NSO Birth Certificate
 - SF 10/Form 137 (Second Grading Period)
 - Certificate of Attendance
 - Parental Consent



DOCUMENT CODE: SDO-ILS-SGOD-CHIEF ES/EPS-QF-007

REVISION: 00

EFFECTIVITY DATE: 09-10-2018





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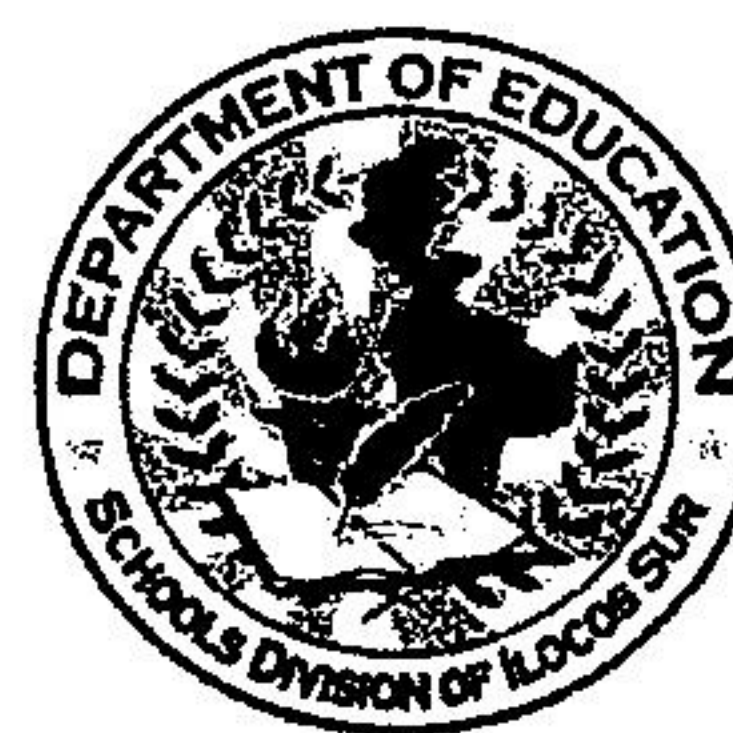


- Medical Certificate
 - Dental Certificate
- c. Coaches and assistant coaches shall submit the following important documents (Please see attached templates):
- Coaches/Assistant Coaches' Record (attach Certificate of Training, Relevant Coaching Experience)
 - Appointment (Public)
Contract of Service (Private)
 - Omnibus Affidavit
 - Medical Certificate
- d. Chaperons (Please see attached templates)
- Certificate of Commitment
 - Medical Certificate
5. The following series of meetings shall be conducted in preparation for the upcoming event:
- 5.1. To discuss the preparation of documents of athletes, coaches/assistant coaches and chaperons, a meeting shall be conducted at the SDO Conference Hall, Bantay, Ilocos Sur on October 9, 2019 at 1:00 PM. The participants of the said meeting are the Unit Chairpersons and four (4) Screening Committee Members per Unit (2 Elementary, 2 Secondary).
- 5.2. To prepare committees involved in the athletic meet, a meeting for Committee Members shall be conducted at the SDO Conference Hall, Bantay, Ilocos Sur on **October 18, 2019 at 1:00 PM**. Participants to the meeting shall bring a copy of their terms of reference (TOR). See attached copy of the Executive and Working Committees.
- 5.3. The solidarity meeting of all Unit Chairpersons, coaches, tournament managers and officiating officials will be held on November 11, 2019 at 2:00 PM at the Quirino Stadium, Bantay, Ilocos Sur. Tournament managers should be ready with the ground rules which will be presented during the solidarity meeting. The attendance of all concerned is A MUST.
6. The Opening Program will be held on November 12, 2019 at 1:00 PM but games will start in the morning of the same day. All teachers are advised to attend the said opening program on official business.
7. In holding the SDO ILOCOS SUR ATHLETIC FESTIVAL 2019, the following guidelines shall be strictly followed:
- a. The PALARO rules and eligibility of athletes especially on age qualification shall be strictly dealt with accordingly.
 - b. All officiating officials are required to render services promptly in their respective assignments starting in the afternoon of November 11, 2019 and throughout the duration of the meet. Tournament managers are required to register the attendance of their respective members daily and those who fail to report to their posts will be marked absent in their daily time record.
 - c. The officiating officials, coaches and the tournament manager/s as chairman/chairmen in each event, shall compose the selection committee to select the best athletes to





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- form the Ilocos Sur delegation to the 2020 R1AA Meet. List of R1AA Athletes will be finalized after a meeting of the Division Sports Coordinators, Unit Chairmen and Tournament Managers.
- d. There will be one call for every game with the announcer giving the announcement/ call first in English and followed immediately in Filipino. Any player or team that is not in the playing area or starting line 15 minutes after the call forfeits the right to play and thus lose by forfeiture.
 - e. All complaints/questions on age eligibility/ impersonification of athletes should be submitted to the screening committee before the start of the second game to be played by the player or team in question. Any protest shall not be entertained or acted upon if the second game is already being played or has been finished. Protests/complaints/questions on officiating/technical should be done in writing and submitted to the Tournament managers of the event. No coach/official of the team should present any complaint/protest/question verbally within the hearing of the team/players. Any violation of this rule will result in the declaration of loss by default, hence, Tournament Managers are authorized to strictly impose the penalty.
 - f. The double elimination will be used in every team except in basketball wherein the single-round robin system will be applied. In chess, the tournament managers shall designate the system to be used. For racket games, the top 4 players will compose the team in all racket games.

4 Team Double Elimination

- Game 1 - A vs. D
Game 2 - B vs. C
Game 3 - L1 vs L2
Game 4 - W1 vs W2
Game 5 - W3 vs. L4
Game 6- W4 vs. W5 – If W5 wins, a rematch will be played,
If W4 wins they become champions

4 Team Round Robin System

Round 1	Round 2	Round 3
A vs. D.	A vs. C	A vs. B
B vs. C	D. vs. B	C vs. D

- g. In determining the Overall Champion, the Olympic Medal System (OMS) shall be adopted. However, uncontested events or events not played shall not be given or assigned points.
- h. In addition, delegations shall be enjoined in four (4) searches/competitions for units namely:
 - h.1. Most Organized Delegation
 - h.2. Best Billeting School (Delegation and Host School)
 - h.3. Cleanest, Greenest, and Eco-friendliest Delegation (Unit and Host School)
 - h.4. Most Disciplined Delegation





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- i. Each unit/delegation shall designate a Focal Person for each of the above searches. This is to facilitate the implementation of the search and the evaluation of delegations in line with maintaining discipline, organization and cleanliness throughout the whole duration of the event. (Example: Most Disciplined Delegation - Dean of Discipline)
8. Athletic delegations from the four (4) units will be billeted in the following schools:

UNIT I – Bantay West Central School
UNIT II - Bayubay Elementary School
UNIT III - San Vicente Integrated School
UNIT IV - Bantay East Central School
9. It is advised that Athletes especially in contact sports should be insured in partnership with stakeholders for their optimal protection.
10. All concerned personnel should be guided with DepEd Order No. 40, s. 2012 (DepEd Child Protection Policy) and DepEd Order No. 55, s. 2013 (Implementing Rules and Regulations of RA No. 10627 Otherwise known as the Anti-Bullying Act of 2013). In addition, the “No Smoking, No Drinking, and No Gambling Policy” should be strictly observed.
11. Administrative remedies shall be undertaken to the classes left behind by the teachers involved in the sports activity.
12. Travel and other incidental expenses of Tournament managers, officiating officials, coaches and working committees shall be charged against local/school funds and other sources of funds subject to the usual budget/accounting rules and regulations.
13. Enclosed are the list of officiating officials, tournament managers, and working committees
14. For information, guidance and strict compliance.

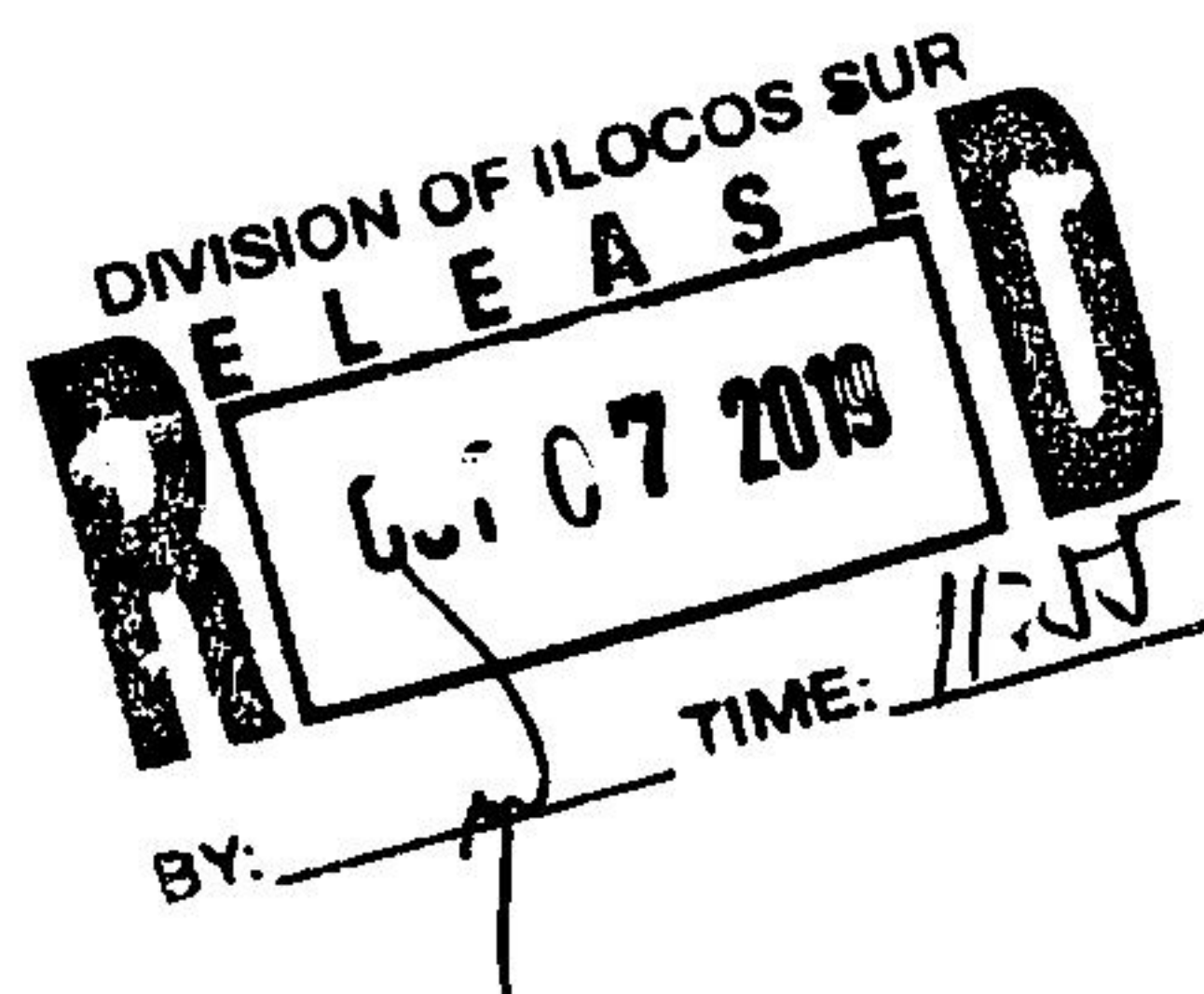
JORGE M. REINANTE, CSEE, CEO VI, CESO V
Schools Division Superintendent

To be indicated in the Perpetual Index
Under the following subjects:

School Sports

Division Athletic/Sports Festival

Athletes



EXECUTIVE AND WORKING COMMITTEES

COMMITTEES	CHAIRPERSONS/MEMBERS
Executive Committee 6	Jorge M. Reinante, CSEE, CEO VI, CESO V Schools Division Superintendent Dr. Arnel C. Doctolero, OIC-Assistant Schools Division Superintendent Dr. Maria Salome R. Abero, Chief Education Supervisor, CID Dr. Philip John Gregory G., Chief Education Supervisor, SGOD Jose P. Bueno Jr., EPS, Division Sports Officer (SGOD) Marlon G. Taloza, EPS, Division Sports Officer (CID)
Committee on Opening and Closing Program/Invitation 5	Chairperson: Dr. Alma Tabilang Members: Dr. Elsie Rigunay Edlyn Arranz Aniceto Pagaling Jr. Julimar Boquing
Committee on Parade, Security, Peace and Order, Marshal and Quirino Stadium Upkeep 9	Chairperson: Nestor Villafior Members: Delfin Llagas Ferdinand Ruyan Joel Peralta Antonio Alcayaga Ricardo Ricod Edgar Quindipan Marlon Alcausin Michael Gazmen Victor Pilién Roland Bolos
Playing Venue and Billeting Schools	Chairperson: Jose Bueno Jr. Marlon Taloza Members: Unit Chairpersons Tournament Managers
Physical Set-up, Sound System, Tarpaulin, Stage Preparation 2	Chairperson: Dr. Lysander Espejo Members: Joel Peralta Teddy Quiba Delfin Llagas Ferdinand Ruyan Jeremae Molina Salvador Lazo All School Heads of San Vicente District
Supplies and Equipment 2	Chairperson: Elizabeth Tabin Members: Amado Sebastian Unit Chairmen Tournament Managers
Medical and Health Services 45	Chairperson: Dr. Jonathan Amilao Members: Dentists Nurses
Food Services 5	Chairpersons: Digna Natura Wilma V. Fagel Members: Leticia Remucal Elvira Martinez Ma. Jovita Alarca
Reception Committee 6	Chairperson: Dr. Maribeth Magpali Members: Dr. Maria Teresita Gapate Alona Campo

	Asuncion Piano Marilac Quinsaat Aphrodite Hope Martinez
Clerk of Course/Recorders 8	Chairperson: Estrelita Siruno Members: Unit I - Ma. Chito Agbulos Unit II - Jojo Pescador Ligaya Angeles Unit III - Lourdes Arucan Josefina de Peralta Unit IV - Joseph Decano June Racca
Announcers/Presenters 8	Unit I - Odette Somera Gilbert Asuncion Unit II - Lowella Ribuca Maribeth Bista Unit III - Ma. Concepcion Iglesias Eduard Capiña Unit IV - Tomas Sumbad Maria Novena Sarmiento
Awards Committee 4	Chairperson: Saniata Manglinong Members: Mark Manzano Honeylet Zamora Teresita Aludino
Screening Committee (DSAC) 12	Chairpersons: Dr. Arnel C. Doctolero Atty. Percival Nicholas Tan Members: Rosalinda Laurente Joy Espejo Rowell Garcia Roel Isidro Balangue Eric Joe Piano Archie Casino Gilson Matute Eliza Sumalbag Librada Pena Joan Toquero Nissan Layyag
Documenters 2	Marvin Tacal Frances Joselle Singson
Athletic Unit Chairpersons 4	Unit I – Marlon Alcausin Unit II – Salvador Lazo Unit III – Emilio Ayson Jr. Unit IV – Danilo Quitoriano
Judges: Most Disciplined Delegation, Most Organized Delegation, Best Billeting School, Cleanest-Greenest- Eco Friendliest Delegation	Chairman: Dr. Arnel Doctolero Dr. Lysander Espejo Wilma Fagel Joel Peralta Asuncion Piano Engr. Teddy Quiba Debbie Ann Saraos

TOTAL (123)

PLAYING VENUES

SPORTS EVENT	PLAYING VENUES
1. ARCHERY	San Idefonso Central School
2. ARNIS	Barangay Bayubay Covered Court, San Vicente
3. ATHLETICS	Quirino Stadium, Sn Vicente Paseo
4. BADMINTON	Bantay Badminton Gym
5. BASEBALL	PGIS Motorpool
6. BASKETBALL	Quirino Stadium
7. BILLIARDS	8.88 Restaurant & Sports Bar
8. BOXING	Quirino Stadium
9. CHESS	Quirino Stadium
10. DANCE SPORTS	Bantay West Central School Function Hall and Covered Court
11. FOOTBALL	Quirino Stadium
12. FUTSAL	Guimod Elementary School Covered Court
13. GYMNASTICS/AEROGYMNASTICS	Immaculate Conception School of Theology
14. LAWN TENNIS	Quirino Stadium
15. PENCAK SILAT	Bantay West Central School Function Hall and Covered Court
16. SIPA/ SEPAK TAKRAW	Quirino Stadium
17. SOFTBALL	PGIS Motorpool
18. SWIMMING	Quirino Stadium
19. TABLE TENNIS	Quirino Stadium
20. TAEKWONDO	Sto. Domingo Coliseum
21. VOLLEYBALL	Quirino Stadium Ilocos Sur Community College
22. WRESTLING	Bantay West Central School Function Hall and Covered Court
23. WUSHU	Bantay West Central School Function Hall and Covered Court

TOURNAMENT MANAGERS PER EVENT

SPORTS EVENT	ELEMENTARY	SECONDARY
1. ARCHERY	N/A	RAQUEL BATAANON, Teacher III (Santiago NHS)
2. ARNIS	FLORA TINAZA, PIII (Suyo NHS) EVELYN ABUAN, Teacher III-TIC (Belen NHS)	
3. ATHLETICS	DELFIN LLAGAS, P4 Tay-ac ES) RONEL UBALDO, HT III (Salomague ES) ROLAND BOLOS, Teacher III (Malingeb ES)	SANTOS BAL-IYANG, PI (Quirino NHS) FRANCISCO RIGUCIRA, Teacher III (Cabittaogan NHS)
4. BADMINTON	CARLITO ANOR, TIC (Aragan ES) ROWENA QUILONDRINO	LLOYD BRYAN GALAMGAM, MT II (Malingeb ES)
5. BASEBALL	RENATO RAFANAN, P II) (Bernardo P Ragasa MES)	DEMETRIO GONZALES, HT III (Sived ES)
6. BASKETBALL	NORBERTO LAZO, HT III (Sacuyya Community School) LEOMAR GINES (Cagayungan E)	JULIUS CAESAR RIVAD, P I (Sagsagat ES) HERMOGENES ESCOBAR (Gusing ES)
7. BILLIARDS	ALLAN REQUILMAN, HT III (Bayubay ES)	
8. BOXING	ROMMEL GALLARDO, HT1 Calawaan ES, Sta. Catalina	EDGAR VALLE, Teacher III Solot-Solot NHS
9. CHESS	ROGELIO VALDEZ JR, MT I (Nanguneg East ES)	ELVIS TABUGADER, PII (Lussoc NHS)
10. DANCE SPORTS	FELIMON FAJARDO JR-Tagudin NHS	
11. FOOTBALL	ALBERT RODILLAS, T III	WINIFREDO PE BENITO, Teacher I

	(San Sebastian ES)	(Caoayan NHS)
12. FUTSAL	N/A	EDGAR SAJONIA, Teacher III (Cabugao South CS)
13. GYMNASTICS/ AEROGYMNASTICS	GLENN DOLIENTE MT II (Bia-o ES) SINAMAR BUCAO, MT I (Sta Cruz ES)	
14.LAWN TENNIS	ISABELITO FIGUERRAS, HT III (Binalayangan ES)	JOSEPH BURGOS, Teacher III (Narvacan NCHS)
15. PENCAK SILAT	ELISA CABALLERO, Teacher III(Sta. Lucia South CS) DIONIMAR DANZALAN (Teodoro Hernaez NHS)	
16. SIPA SEPAK TAKRAW	DANILO RAFANAN, HT I(Amarao NHS)	N/A
	N/A	PEPE ADAME, Teacher III (San Esteban NHS)
17 . SOFTBALL	RINO TAOAGUEN, P I (Lidlidda South CS)	JUANITO ANGEL (Lancuas ES)
18. SWIMMING	NOVA TIRI, Teacher III (Manzante NHS) MARK KENNETH COLLADO Magsingal National High School	
19.TABLE TENNIS	EMILIO SOMERA, PI (Sta. Catalina Central School)	VENERANDO ROQUETA, Teacher III (San Esteban NHS)
20. TAEKWONDO	HONEY BOY POBLETE FERDINAND ASISTIN	
21. VOLLEYBALL	FERDINAND RUYAN, P3 (Sn Vicente Integrated School)	FRANCIS RABAGO, MT I (Narvacan National Central NHS)
	EDWIN PILOTIN, Teacher III (Bantay East CS) ROLANDO REMULAR, MT I (Pangada-Cabaruan ES)	EDWIN PASCUA, MT I (Narvacan National Central NHS)
22. WRESTLING	N/A	NOEL SUMINGWA(SUYO NHS)
23. WUSHU	VAL PAGATPATAN, MT I(Sulvec IS) MARVIN BALAOING	

LIST OF OFFICIATING OFFICIALS

EVENT	OFFICIATING OFFICIALS
ARCHERY (4)	Gelacio Victorino Piros Delia Purugganan Raphy Gacilos Jeffrey Fagela
ARNIS (25)	Jay Rivad Nick Bringas Sheree Ambrocio Rommel Dagdag Lilia Barnachea Dexter Lorena Evangeline Ferrer Rina Joy Daus Evangeline Pre Aquilino Castillo Jr. Ivy Jane Tacadena Aljon Rapin Monet Abegail Evangelista Jessica Paiste Glenn Villon Libertine Dagdagan Jessica Jin Tacla Rafael Medrano Ranzel Bartolome Julia Wilang Ruth Visperas

	Ronnie Sison Rubirosa Alimpia Cristina Cuplengan Leonora Ramos
ATHLETICS (42)	Jessper Erijane Rabaca Victor Pilien Cecilia Saldua Jacqueline Ayson Ricardo Tabudlo Elaine Javier Venus Andres Carlo Taylan Edito Rialubin Rey Torres Juval Idica Pablito Mariñas Dominic Rodillas Raquel Mosuela Benjie Madayag Judelyn Lazo Erwin Busto Sheryl Mae Cabanela Ernie Baterina Christopher Quiocho Rafael Medrano Shirey Alvior Laurence Lee Edison Solatre Joel Agustin Romnick Melañes Gladwin Stephen Sablay Emil Aslor Bernard Briones Melvin Traya Sheryl Saupan Randy Buenacile Manny Foronda Kenneth Cortez Clarita Rialubin Arnold Ramos Shirley Cabebe Larry Pantaleon Jocelys Petras Benson Doro Merly Manzano Alyn Gacas
BADMINTON (49)	Perla Barnachea Jona Arzadon Ronald Cabanas Ronaldo Ibe Dondon Edward Pichay Michael Ripotula Emely Ugerio Maresciel Pascua Rubina Ecraela Nestor Cobangbang Jr.

	Fernando Fariñas Jerrick Gonzales Gladys Galutan Joseph Molina Tommy Dangtayan Rowena Amano Cristeta Bucsit Emelinda Dela Cruz Lina Lapena Veronica Cabalo Filipina Serrano Inocencia Rosete Laarni Naval Myrone Troy Dulatre Melvin Tabula Jumar Amistad Vanessa Pre Precious Benavides Jenina Pauline Cardenas Monaliza Pilotin Lawrence Taberna Lloyd Jayson Sumacbay Judy Ann Quillorapas Rosie Cabotaje Analyn Cambe Jocelyn Bisaya Maricel Ibus Maricel Rebuldela Michelle Clare Lazo Rowena Sanguyen Jennefer Dela Cruz Marigene Gines Emelie Carranza Prima Albalos Hunny Boy Cabero Alan Restibada Jeffrey Licudine Felicidad Rabago Marivic Filarca
BASEBALL (15)	Edwin Duque Rommel Visico Alfredo Heraña Randy Glorius Amoroso Jimmy Reton Rex Adviento Edwin Rapacon Edwin Tabur Jumar Amistad Robert Gabutan Lawrinel Taciad Adonis Albano Aries Heraña Roderick Torre Walbert Ramos
BASKETBALL (24)	Edison Ragudo Jomar Bulosan

	Antonette Buenavista Lawrence Arce Reinier Aldrich Bumatay Erwin Mandac Randy Rivad Marlou Renon Wilson Bermudez Mark Rey Laberinto Briefredy Corsino Nestor Orodio Rolando Buenavista Glenn Guira Vicky Tabuno Romeo Begonia Renato Cablay Ryan Marquez Romar Rendon Regidor Allagay Sharon Castillo Melchor Escobar Rufu Lagera Regie Castro
BILLIARDS (10)	Dante Ugerio Alvin Tabangcura Joel Cacabelos Eduardo Cuartelon Willie Abonita Razel Pajo Efren Tano Maria Christina Cacabelos Rogelio Altares Joseph Rigunay
BOXING (13)	Archie Casiño Danilo Taal Wilbert Quintua Bernard Tabaldo Geronimo Pre Kevin Raqueño Jayson Gaburno Romeo Fabro Edgar Valle Jeffrey Ong Conrado Asejo Shirlyn Giron Ariane Tabur
CHESS (22)	Francisco Lacuesta. Richy Molina Grepalita Gem Sunio Arcilia Azurin Peregrina Pando Francis Banatin Janine Padua Edgar Dosono Alicia Domine Freda V. Castillo Marla Bobis

	Gloria Anne Dangalan Wilma Lopez Imelda Del Rosario Prudencia Benemerito Darren Jacutina Nora Quibilan John Darwin Barcena Joy Caren Tablante Luzviminda Espanto Alyssa Azarcon Pofirio Reotutar
DANCESPORT (8)	Delmark Villanueva Leemar Somera Peejay Lacasandili Zina Arrdee Alcantara Maricar Raña Jovi Marie Melañes Annaliza Pineda Glen Mar Zamora
FOOTBALL (21)	Emerito Ragunton Giovanni Guirnalda Estelita Peredo Dionelyn Balbas Rhea Fuller Juvy Esquierdo Jeffrey Tan Jonas Valenzuela Jasper Etrata Jemil Supnad Carrie Michelle Diga Reymond Sebastian Sonyboy Gamata Jeric Repaso Leomark Vloria Yrolle Delos Santos Chester Silvania Hussein San Juan Romel Garcia Leizer Robiñol Arthur Ragunton
FUTSAL (4)	Mario Ragasa Jr. Rommel Galosmo Gemma Tolentino Rona Caguntas
GYMNASTICS (18)	Mary Claire Reyes Julius Pilorin Ma. Nina Macabeo Catherine Norberte Allan Fragante Melvin Gironella Marieta Azcueta Reynalyn Reututar Renato Valdez Jr. May Joy Sanchez Jessie Raquel Dionne Braceres Kathleen Ipac Robella Cacho

	Arghel Calija Genelyn Lived Jobelle Gamiao Benson Duro
LAWN TENNIS (21)	Christopher Dalluay Ronald Herrera Rosemarie Ramos Darwin Mendoza Carlos Vargas Rowena Gonzales Edgar Guzman Vanessa De Castro Lilibeth Cabotage Gloria Pang-ag Renita Unciano Ayrene Magayam Trisha Renee Rilveria Jennifer Biteng Lourdes Pajarillo Jenny Rose Guerrero Michael Quiton Bernadette Cabrales Cherile Barroga Dante Ayson Elsie T. Figueras
PENCAK SILAT (12)	Nora Tagal Maricel M. Cubile Mark Angelo Edeleon Marichu P. Paras Dionimar Danzalan Allen Bolesa Moneth Evangelista Ricardo Cabigas Esmeralda Macasiray Elisa Caballero Carlos Caup Ma. Rutheza Bayani
SEPAK TAKRAW (38)	Mark Anthony Silverio David Garcia Victor Alejandro Nora Rosal Marvin Corpuz Ronald Asuncion Regie Serna Monette Laureta Leomark Vloria Richard Tadena Richard Osalvo Arnold Cantero George Tobia Myrna Battad Marilou Poblador Violeta Riego Marites Alvarado Miguel Bermejo Rogelio Milan Gabby Cabalar Edward Cabalo Adela Antolin

	Crisanta Dandin Nemesio Vasquez Jr. Greg Bolinget Jayson Casia Joel Paul Reyes Ferdinand Queddeng Ernesto Pimentel Robert Tougan Joel Leti Richard Fabro Rudy Paloay Melicio Pagatpatan Jonathan Gabayni Rolando Alberto Fadzwa Jamaican Amil Thelma Domingo
SOFTBALL (18)	Rhodelina Orpilla Brendalyn Hermosura Venancio Valdez Alma Maritess Oropesa Rezzie Balisalisa Adorable Aquino Joseph Mateo Crystal Jean Vinluan Jonnie Pascua Lyn Peralta Jeidyson Sibuyan Maricel Gonzales Imelda Lopez Aniceto Pagaling Jr. Walbert Ramos Roland Alberto Raysiel Soriano Jean Israel Dulay
SWIMMING (35)	Michelle June Pascua Michael Somera Teotimo Requilman Jr. Randy Somera Irene Batin Ubasa Rosemarie Laurente Felix Urbano Buena Ramos Allan Savellano Miller Agbulos Assenith Reintar Fraenel Loyz Yago Dhona Alibid Rolando Mapalo Denver Airtime Jesusa Kristina Arce Arlene Oliver Pacita Quitarano Ma. Chito Agbulos Joanna Lyn Andres Jonathan Adviento Reynaldo Cabanasan Ben Richard Poot Brylle Castro Nhervie Alejandrino Melody Manlangit Evaluz Funtilla

	Glyza Cadano Joseph Antolin Shirly Jano Josephine Torrejas Astra Sabado Elma Gray Arlene Dato Catherine Cabaya
TABLE TENNIS (27)	Annaliza Rojo Rosario Ganacias Catherine Somera Rommel Sabaten Chester Aquino Catherine Escobar Jay Cedric Cabanit Maricel Cuenta Bryant Peter Bayani Teresita Domingo Edgar Quindipan Demetrio Haluber Ferdinand Tinaza Reuel Guzman Kelvin Jake Villafior Nemesio Soller Alfren Antolin Bernardito Rafanan Dennis Reotutar Lucia Cabiñar Liesel Heraña Magie Hachiles Benelyn Diga Gloryfel Pasion Freddie Dalilis Kelvin Jake Valledor Romeo Buccat
TAEKWONDO (9)	Melanio Burgonio Minette Burgonio Jasmin Dasargo Tromar Loresto Regie Mac Carl Talavera Anabelle Cabaong Ferdinand Asistin Mabel Jane Lopez Rene Rose Aquino Michelle June Pascua
VOLLEYBALL (55)	<i>Elementary</i> Lilibeth Lazo Ma. Clarence Paat Joe Frank Pastor Norman Lopez Shirley Padre Aleli Pilotin Felipe Rapadas Lorenzo Jaramel Juner Mugar Jade Andrew Lauz Jojo Galutan Christopher Daz Ruel Arellano Marlon Cacalda Allan Tacla Salvador Ea

	Zedfrey Guerrero Genaro Solmerin Edgar Tubera Jessica Barnachea Editha Barnachea <i>Jessica Igarta</i> <i>Walden Ibus</i> <i>Edilbert Donato</i> <i>Narlina Rafanan</i> <i>Janice Navarro</i> <i>Charlotte Musa</i> <i>Caroline Refuerzo</i> <i>Jacqueline Ibus</i> <i>Mylene Azada</i> <i>Secondary</i> Florante Rapanut Emerson Rebibis Romeo Realin Edwin Alconis Mark Louis Galanga Maribeth Bista Hermogenes Tabayaay Jumar Regua Minerva Milliones Librada Peña Michael Tugadi Violeta Castillo Aileen Simon Diony Mar Dansalan Melburga Peña Jumar Digay Geminie Baguitan Vicente Escalona Jerome Adolfo Ray Marcial Salanio Jeck Tengco John Art Garces Nedie Guerrero Jonifer Sacla Denisse Racca
WUSHU (6)	Reynaldo Gamilla Francis Quiya Noel Sumingwa Kazein Bad-ay Robert Gromthon Arnulfo Dasalla
WRESTLING	Noel B. Sumingwa (TM)



REGION

DIVISION

EVENT

athlete	A.	AR (ATHLETE'S RECORD)	athlete
	B.	ORIGINAL COPY OF PSA/NSO	
	C.	SF 10 / FORM - 137	
	D.	CERTIFICATE OF ATTENDANCE (for Palarong Pambansa Only)	
	E.	PARENTAL CONSENT/AFFIDAVIT/SWORN STATEMENT OF ACTUAL CARE & CUSTODY	
	F.	MEDICAL CERTIFICATE	
	G.	DENTAL CERTIFICATE	
	H.	DISABILITY ASSESSMENT (for PARAGAMES Only)	
		INTERVIEWED	
		NAME OF ATHLETE	
	LRN		
	DATE OF BIRTH		
	SCHOOL		
athlete	A.	AR (ATHLETE'S RECORD)	athlete
	B.	ORIGINAL COPY OF PSA/NSO	
	C.	SF 10 / FORM - 137	
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		NAME OF ATHLETE	
	LRN		
	DATE OF BIRTH		
	SCHOOL		
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	B.	ORIGINAL COPY OF PSA/NSO	
	C.	SF 10 / FORM - 137	
	D.	CERTIFICATE OF ATTENDANCE (for Palarong Pambansa Only)	
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		NAME OF ATHLETE	
	LRN		
	DATE OF BIRTH		
	SCHOOL		
athlete	A.	AR (ATHLETE'S RECORD)	athlete
	B.	ORIGINAL COPY OF PSA/NSO	
	C.	SF 10 / FORM - 137	
	D.	CERTIFICATE OF ATTENDANCE (for Palarong Pambansa Only)	
	E.	PARENTAL CONSENT/AFFIDAVIT/SWORN STATEMENT OF ACTUAL CARE & CUSTODY	
	F.	MEDICAL CERTIFICATE	
	G.	DENTAL CERTIFICATE	
	H.	DISABILITY ASSESSMENT (for PARAGAMES Only)	
		INTERVIEWED	
		NAME OF ATHLETE	
	LRN		
	DATE OF BIRTH		
	SCHOOL		

NOTE:
PLEASE USE A4 SIZE COPY PAPER

FOR SCHOOL SPORTS (Lower Meet up to Palarong Pambansa)

fur



CACR (COACH /ASST.COACH RECORD)

Region _____

Division _____

Latest 1½ x 1½ picture

A. PERSONAL DATA:Name: _____
(Last) (First) (M.I.)

Sex: _____ Mobile Phone Number: _____

Date of Birth: (mm/dd/yy) _____ Age: _____ Place of Birth: _____

School: _____ Employee Number: _____

Current Position: _____ Years in Service: _____

Address of School: _____

Present Address: _____

In Case of Emergency _____

Please Contact: _____ Contact Number: _____

B. Educational Qualifications:

Course (College/Post Graduate)	School	Year Graduated	Credits Earned	Awards Received

C. Sports Training Attended for the last three (3) years

Title of Sports Training	Date of Training	No. of Hours	Conducted by

D. Sports Track Record/Experience

Athletic Meet Attended	Inclusive Dates	Event	Awards Received

Prepared by: _____

(Coach /Asst. Coach Signature over Printed Name)

Attested by: _____

(Division Sports Officer Signature over Printed Name)

Verified by: _____

(Division AO/SDS Signature over Printed Name)

Screened by:

Division Meet

Regional Meet

Palarong Pambansa

(Signature of DSAC over Printed Name)

(Signature of RSAC over Printed Name)

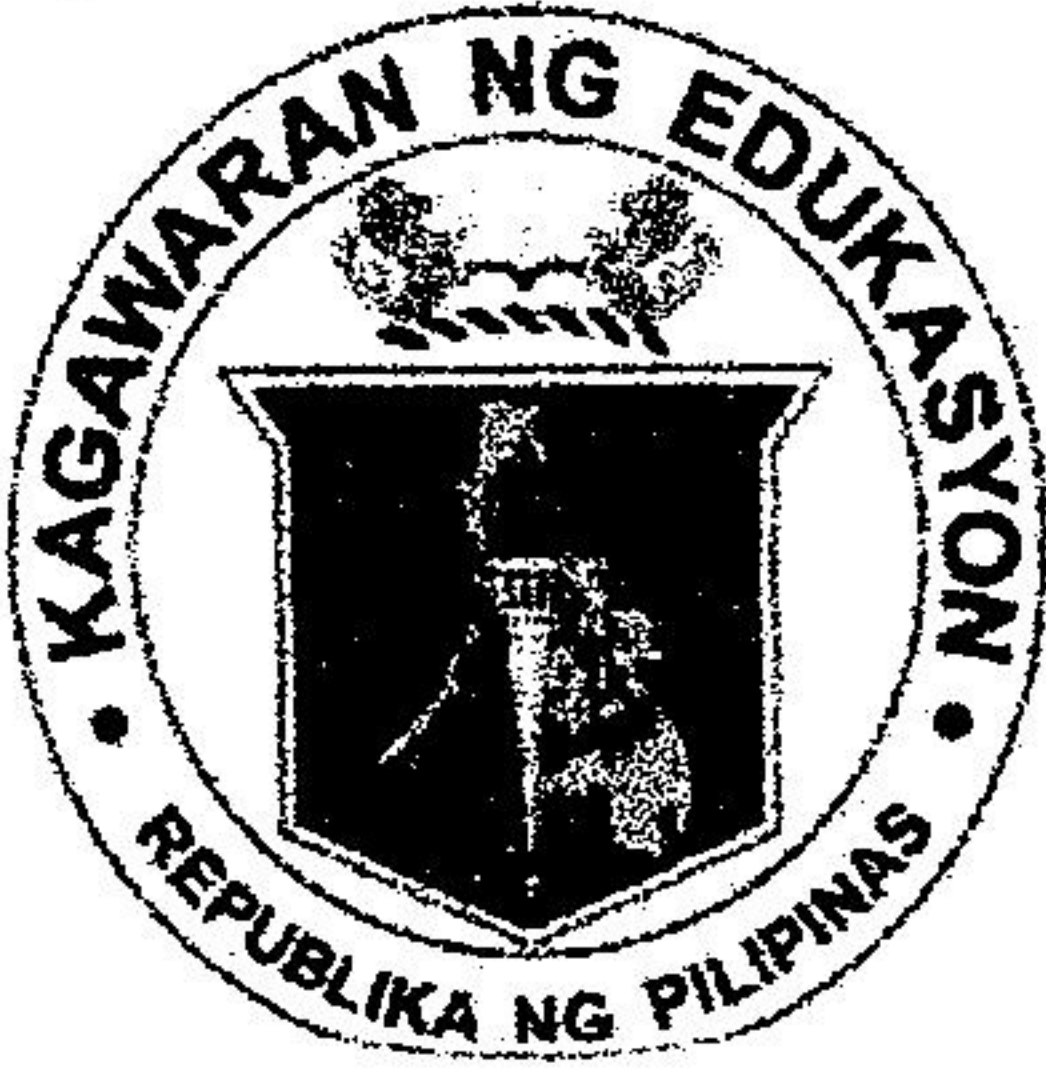
(Signature of NSAC over Printed Name)

Date: _____

Date: _____

Date: _____

FOR SCHOOL SPORTS (Division, Region, Palarong Pambansa)



Republic of the Philippines
DEPARTMENT OF EDUCATION

(Region)

(Division)

(School)

(School Address)

CERTIFICATE OF ATTENDANCE

Date: _____

To Whom It May Concern:

This is to certify that _____ has
been enrolled for the:

_____ current school year

_____ current semester.

This certification is being issued to attest that the learner has attended classes
up to this date.

Adviser
(Signature Over Printed Name)

School Head/Registrar
(Signature Over Printed Name)

FOR SCHOOL SPORTS (Lower Meet up to Palarong Pambansa)

Handwritten mark



Republic of the Philippines
DEPARTMENT OF EDUCATION

(Region)

(Division)

(School)

(School Address)

Date

PARENTAL CONSENT

I/We hereby willingly and voluntarily give consent to the participation of
my/our son/daughter _____ in
_____ in all School Sports Meets up to the Palarong Pambansa.

I/We have considered the benefits that my son or daughter will derive
from his/her participation in this activity provided that due care, diligence and
necessary precautions will be observed to ensure his/her health and safety.

Further, I/We authorize the personnel of Department of Education to
collect, process, retain, and dispose of personal information of the above-
mentioned athlete in accordance with the Data Privacy Act of 2012.

Signature of Father Over Printed Name

Signature of Mother Over Printed Name

Verified:

Adviser
(Signature Over Printed Name)

School Head/Registrar
(Signature Over Printed Name)

Remarks:

Note:

*Submit the necessary documents, i.e. Affidavit/ Sworn Statement of Actual Care and Custody
duly verified by the adviser and school head, in cases signature of parents are unavailable.*

FOR SCHOOL SPORTS (Lower Meet up to Palarong Pambansa)

Handwritten signature



Republic of the Philippines
DEPARTMENT OF EDUCATION
Regional Office ____
Schools Division of _____

AFFIDAVIT/SWORN STATEMENT OF ACTUAL CARE AND CUSTODY

I _____, resident of _____, of legal age, Filipino state that:

1. I have the actual care and custody of minor child _____, who is my _____ (filial relationship to the child, if any).

2. I further state that the actual care and custody was vested upon me since _____ because

_____ both parents of the minor child died;

_____ the known parent died; (Proof - Death Certificate)

_____ both parents are unknown. (Proof - Certificate of Foundling)

_____ other scenario in cases one or both parent cannot sign the necessary Parental Consent form;

3. As the actual caretaker and custodian of the minor child, I hereby willingly and voluntarily give consent to the participation of the minor child in the school sports athletic meets which includes, but not limited to Division Meet, Regional Meet and Palarong Pambansa.

4. I have considered the benefits that the minor child will derive from the participation in these activities provided that due care and precaution shall be observed to ensure the comfort and safety of the minor child.

5. I hereby acknowledge that Department of Education, its management, personnel, employees and agent may not be held responsible for any untoward incident which is beyond their control.

IN WITNESS THEREOF, I have hereto affixed my signature this _____ in _____.

Verified:

Printed Name over Signature

Adviser
(Signature Over Printed Name)

School Head/Registrar
(Signature Over Printed Name)

SUBSCRIBED AND SWORN to me this _____ by _____ in _____ who I have identified through his/her competent proof of identification.

NOTARY PUBLIC

FOR SCHOOL SPORTS (Lower Meet up to Palarong Pambansa)

Handwritten signature



DEPARTMENT OF EDUCATION

(REGION)

(DIVISION)

(SCHOOL)

(School Address)

MEDICAL CERTIFICATE

To Whom It May Concern:

This is to certify that I have personally examined _____ Name _____
age _____ sex _____ and have found that he/she is physically ☐ fit ☐ unfit,

during the time of examination, to join and participate in the lower meets up to

Palarong Pambansa.

Event: _____

Physical Examination

	School/Intrams/ District Meet	Unit/Division Meet	Regional Meet	Palarong Pambansa
	Normal	Normal	Normal	Normal
1. Eyes	YES NO	YES NO	YES NO	YES NO
2. Ears, Nose, Throat	YES NO	YES NO	YES NO	YES NO
3. Mouth and Teeth	YES NO	YES NO	YES NO	YES NO
4. Neck	YES NO	YES NO	YES NO	YES NO
5. Cardiovascular	YES NO	YES NO	YES NO	YES NO
6. Chest and Lungs	YES NO	YES NO	YES NO	YES NO
7. Abdomen	YES NO	YES NO	YES NO	YES NO
8. Skin	YES NO	YES NO	YES NO	YES NO
9. Genitalia-Hernia (male)	YES NO	YES NO	YES NO	YES NO
10. Muskuloskeletal: ROM	YES NO	YES NO	YES NO	YES NO
a. neck	YES NO	YES NO	YES NO	YES NO
b. spine	YES NO	YES NO	YES NO	YES NO
c. shoulder	YES NO	YES NO	YES NO	YES NO
d. arms/hands	YES NO	YES NO	YES NO	YES NO
e. hips	YES NO	YES NO	YES NO	YES NO

f. thighs	YES	NO	YES	NO	YES	NO	YES	NO
g. knees	YES	NO	YES	NO	YES	NO	YES	NO
h. ankles	YES	NO	YES	NO	YES	NO	YES	NO
i. feet	YES	NO	YES	NO	YES	NO	YES	NO
11. Neuromuscular (reflexes)	YES	NO	YES	NO	YES	NO	YES	NO

School/Intrams/District Meet Physician/Medical Officer (signature over printed name) PRC LICENSE: PTR NO.	Remarks/Findings: Ht. _____ cm Wt. _____ kg BP. _____ mmHg PR. _____ bpm RR. _____ cpm	<input type="checkbox"/> FIT <input type="checkbox"/> UNFIT Date:
Unit/Division Meet Physician/Medical Officer (signature over printed name) PRC LICENSE: PTR NO.	Remarks/Findings: Ht. _____ cm Wt. _____ kg BP. _____ mmHg PR. _____ bpm RR. _____ cpm	<input type="checkbox"/> FIT <input type="checkbox"/> UNFIT Date:
Regional Meet Physician/Medical Officer (signature over printed name) PRC LICENSE: PTR NO.	Remarks/Findings: Ht. _____ cm Wt. _____ kg BP. _____ mmHg PR. _____ bpm RR. _____ cpm	<input type="checkbox"/> FIT <input type="checkbox"/> UNFIT Date:
Palarong Pambansa Physician/Medical Officer (signature over printed name) PRC LICENSE: PTR NO.	Remarks/Findings: Ht. _____ cm Wt. _____ kg BP. _____ mmHg PR. _____ bpm RR. _____ cpm	<input type="checkbox"/> FIT <input type="checkbox"/> UNFIT Date:

FOR SCHOOL SPORTS (Lower Meet up to Palarong Pambansa)

KM



(Region)

(Division)

(School)

(School Address)

This form must be completed and signed by the parent/guardian, prior to the physical examination, for review by examining practitioner. Explain 'YES' answers in the REMARKS.	YES NO	REMARKS
26. Have you ever used an inhaler or taken asthma medicine?	YES NO	
27. Do you develop a rash or hives when you exercise?	YES NO	
28. Were you born without or are you missing kidney, an eye, a testicle (males) or any other organ?	YES NO	
29. Do you have groin pain or painful bulge or hernia in the groin area?	YES NO	
30. Have you ever had Dengue hemorrhagic fever infection?	YES NO	
31. Do you have any rashes, pressure sores or other skin problems?	YES NO	
32. Have you ever had a head injury or concussion?	YES NO	
33. Have you ever had a hit or blow to the head that caused confusion prolonged headache or memory problem?	YES NO	
34. Have you ever had a history of seizure (convulsion)?	YES NO	
35. Do you have headaches with exercise?	YES NO	
36. Have you ever had numbness, tingling or weakness in your arms or legs after being hit or falling?	YES NO	
37. Have you ever been unable to move your arms or legs after being hit or falling?	YES NO	
38. Have you ever become ill after exercising in the heat?	YES NO	
39. Do you get frequent muscles cramps when exercising?	YES NO	
40. Have you had any problems with your eyes or vision?	YES NO	
41. Have you had any eye injuries?	YES NO	
42. Do you wear glasses or contact lens?	YES NO	
43. Do you wear protective eyewear such as goggles or face shield?	YES NO	
44. Do you have any concerns that you would like to discuss with a doctor?	YES NO	
45. Have you ever received dengvaxia vaccine? If Yes, how many dose?	YES NO	
46. Do you have G6PD (Glucose 6 Phosphate Dehydrogenase) condition?	YES NO	
FEMALES ONLY		
47. Have you ever had a menstrual period?	YES NO	
48. Have you ever had menstrual cramps?	YES NO	
49. How old were you when you had your first menstrual period?		
50. How many menstrual periods have you had in the last year?		

NOTES:

I do not know of any existing physical or addition health reason that would preclude participation in sports. I certify that the answers to the above questions are true and accurate and I approve participation in the athletic activities.

Parent/Guardian Signature over Printed Name

Athlete Signature over Printed Name

Date

Handwritten signature



Republic of the Philippines
DEPARTMENT OF EDUCATION

Region

Division

DENTAL HEALTH RECORD

Latest 1½ x 1½ picture

Name: _____

Age: _____ Sex: _____ Birth Date: _____

Event:

Parent/Guardian: _____

The diagram illustrates a dental arch with various treatment planning areas. The teeth are numbered as follows:

- Upper Arch (Permanent Teeth):**
 - Right side (from center): 55, 54, 53, 52, 51, 61, 62, 63, 64, 65.
 - Left side (from center): 18, 17, 16, 15, 14, 13, 12, 11, 21, 22, 23, 24, 25, 26, 27, 28.
- Lower Arch (Permanent Teeth):**
 - Right side (from center): 85, 84, 83, 82, 81, 71, 72, 73, 74, 75.
 - Left side (from center): 48, 47, 46, 45, 44, 43, 42, 41, 31, 32, 33, 34, 35, 36, 37, 38.

Key areas and labels include:

- CONDITION RIGHT** and **CONDITION LEFT** at the top.
- TEMPORARY TEETH** on the right side of the upper arch.
- PERMANENT TEETH** on the right side of the lower arch.
- TEMPORARY TEETH** on the left side of the lower arch.
- CONDITION RIGHT** and **CONDITION LEFT** at the bottom.
- TREATMENT NEEDS** on the right side of the lower arch.

[illegible]

SYMBOLS FOR MOUTH EXAMINATION

X - TOOTH INDICATED
FOR EXTRACTION

F - TOOTH INDICATED
FOR FILLING

HEAVY SHADE - TOOTH WITH TEMPORARY
FILLING

RC - RECURRENT CARIES

RF - ROOT FRAGMENT

M - MISSING TOOTH

- DU - DECUBITAL ULCER
- MAL - MALOCCLUSION
- FLU - FLUOROSIS
- Gn - NORMAL
- Gm - MODERATE GINGIVITIS
(1-2 QUADRANTS)
- Gs - SEVERE GINGIVITIS
(3-4 QUADRANTS)
- CMR - COMPLETE MOUTH REHAB
- (√) - SOUND ERUPTED PERMANENT
TOOTH

SYMBOLS FOR ACCOMPLISHMENT

XT - EXTRACTED PERMANENT TOOTH
xt - EXTRACTED TEMPORARY TOOTH
Am - AMALGAM FILLING
Com - COMPOSITE FILLING

ARTIFICIAL RESTORATION

ANTHROPIC RESTORATION

JC	-	JACKET CROWN
I	-	INLAY
OP	-	ORAL PROPHYLAXIS
ZOE	-	ZINC OXIDE EUGENOL FILLING
TF	-	TEMPORARY FILLING
R	-	REFERRED TO PRIVATE DENTIST
UN	-	UNERUPTED TOOTH

District Meet			Remarks/Findings:		REFERRED FOR DENTAL TREATMENT	
DENTIST			WITH THIRD MOLAR:		YES NO	
(signature over printed name)			QUALIFIED TO PARTICIPATE:		YES NO	
PRC: LICENSE:	PTR#	Date Examined:				
Division Meet			Remarks/Findings:		REFERRED FOR DENTAL TREATMENT	
DENTIST			WITH THIRD MOLAR:		YES NO	
(signature over printed name)			QUALIFIED TO PARTICIPATE:		YES NO	
PRC: LICENSE:	PTR#	Date Examined:				
Regional Meet			Remarks/Findings:		REFERRED FOR DENTAL TREATMENT	
DENTIST			WITH THIRD MOLAR:		YES NO	
(signature over printed name)			QUALIFIED TO PARTICIPATE:		YES NO	
PRC: LICENSE:	PTR#	Date Examined:				
Palarong Pambansa			Remarks/Findings:		REFERRED FOR DENTAL TREATMENT	
DENTIST			WITH THIRD MOLAR:		YES NO	
(signature over printed name)			QUALIFIED TO PARTICIPATE:		YES NO	
PRC: LICENSE:	PTR#	Date Examined:				

FOR SCHOOL SPORTS (Lower Meet up to Palarong Pambansa)

Coach - Asst. Coach

1

Revised as of September 26, 2018



REGION

DIVISION

EVENT

Coach	A	COACH/ASST. COACH RECORD (CERTIFICATE OF TRAINING, RELEVANT COACHING EXPERIENCE)		Assistant Coach
	B	APPOINTMENT (PUBLIC) / CONTRACT OF SERVICE (PRIVATE)		
	C	OMNIBUS AFFIDAVIT		
	D	MEDICAL CERTIFICATE		
		NAME		
		SCHOOL		
Chaperon	A	CERTIFICATE OF COMMITMENT		
	B	MEDICAL CERTIFICATE		
		NAME		
		SCHOOL		
athlete	A	AR (ATHLETE'S RECORD)		athlete
	B	ORIGINAL COPY OF PS/ANSO		
	C	SF 10 / FORM - 137		
	D	CERTIFICATE OF ATTENDANCE (for Palarong Pambansa Only)		
	E	PARENTAL CONSENT/AFFIDAVIT/SWORN STATEMENT OF ACTUAL CARE & CUSTODY		
	F	MEDICAL CERTIFICATE		
	G	DENTAL CERTIFICATE		
	H	DISABILITY ASSESSMENT (for PARAGAMES Only)		
		INTERVIEWED		
		NAME OF ATHLETE		
		LRN		
		DATE OF BIRTH		
		SCHOOL		
athlete	A	AR (ATHLETE'S RECORD)		athlete
	B	ORIGINAL COPY OF PS/ANSO		
	C	SF 10 / FORM - 137		
	D	CERTIFICATE OF ATTENDANCE (for Palarong Pambansa Only)		
	E	PARENTAL CONSENT/AFFIDAVIT/SWORN STATEMENT OF ACTUAL CARE & CUSTODY		
	F	MEDICAL CERTIFICATE		
	G	DENTAL CERTIFICATE		
	H	DISABILITY ASSESSMENT (for PARAGAMES Only)		
		INTERVIEWED		
		NAME OF ATHLETE		
		LRN		
		DATE OF BIRTH		



CACR (COACH /ASST.COACH RECORD)

Region _____

Division _____

Latest 1½ x 1½ picture

A. PERSONAL DATA:Name: _____
(Last) (First) (M.I.)

Sex: _____ Mobile Phone Number: _____

Date of Birth: (mm/dd/yy) _____ Age: _____ Place of Birth: _____

School: _____

Employee Number: _____

Current Position: _____

Years in Service: _____

Address of School: _____

Present Address: _____

In Case of Emergency _____

Please Contact: _____ Contact Number: _____

B. Educational Qualifications:

Course (College/Post Graduate)	School	Year Graduated	Credits Earned	Awards Received

C. Sports Training Attended for the last three (3) years

Title of Sports Training	Date of Training	No. of Hours	Conducted by

D. Sports Track Record/Experience

Athletic Meet Attended	Inclusive Dates	Event	Awards Received

Prepared by: _____

Attested by: _____

Verified by: _____

(Coach /Asst. Coach Signature over Printed Name)

(Division Sports Officer Signature over Printed Name)

(Division AO/SDS Signature over Printed Name)

Screened by: _____

Division Meet

Regional Meet

Palarong Pambansa

(Signature of DSAC over Printed Name)

(Signature of RSAC over Printed Name)

(Signature of NSAC over Printed Name)

Date: _____

Date: _____

Date: _____

FOR SCHOOL SPORTS (Division, Region, Palarong Pambansa)

Republic of the Philippines)
City of _____)S.S.

OMNIBUS AFFIDAVIT

(for Public and Private Personnel)

I _____, of legal age, single/married,
with postal address at _____, after having duly
sworn in accordance with law hereby depose and state:

That I am presently employed with the _____ as
_____;

That I have been employed in _____
since _____ or for a period of _____;

That I was designated as coach of _____, who
will participate in the School Sports activities of the Department of
Education up to 20__ Palarong Pambansa;

That I will perform my duties and responsibilities in accordance
with DepEd Rules and Policies for the benefit of the students athletes
under my care and custody.

That all the athletes are not members of the National Team,
National Training Pool, and Development Pool of the Philippine Sports
Commission (PSC);

That all the athletes records submitted are true and correct to
the best of my personal knowledge;

Further, I authorize the personnel of Department of Education
to collect, process, retain, and dispose of my personal information in
accordance with the Data Privacy Act of 2012.

That I execute this Affidavit to attest to the authenticity and
veracity of all the documents submitted.

IN WITNESS WHEREOF, I have hereunto set my hand this
_____ day of _____ 20__ in _____,
Philippines.

Affiant

SUBSCRIBED and sworn to before me in _____, this day
_____ of month 20__, affiant executing his/her _____
_____, issued at _____ on _____.

Notary Public

FOR SCHOOL SPORTS (Lower Meet up to Palarong Pambansa)

Handwritten signature



 (Region)

 (Division)

 (School)

 (School Address)

MEDICAL CERTIFICATE (COACHES, ASSISTANT COACHES, CHAPERONE)

 (Date)

To Whom It May Concern:

This is to certify that I have personally examined _____
 age _____ sex _____ and have found that he/she is physically ☐ ^{Name} fit ☐ unfit, during
 the time of examination, to join and participate in the lower meets up to Palarong Pambansa.

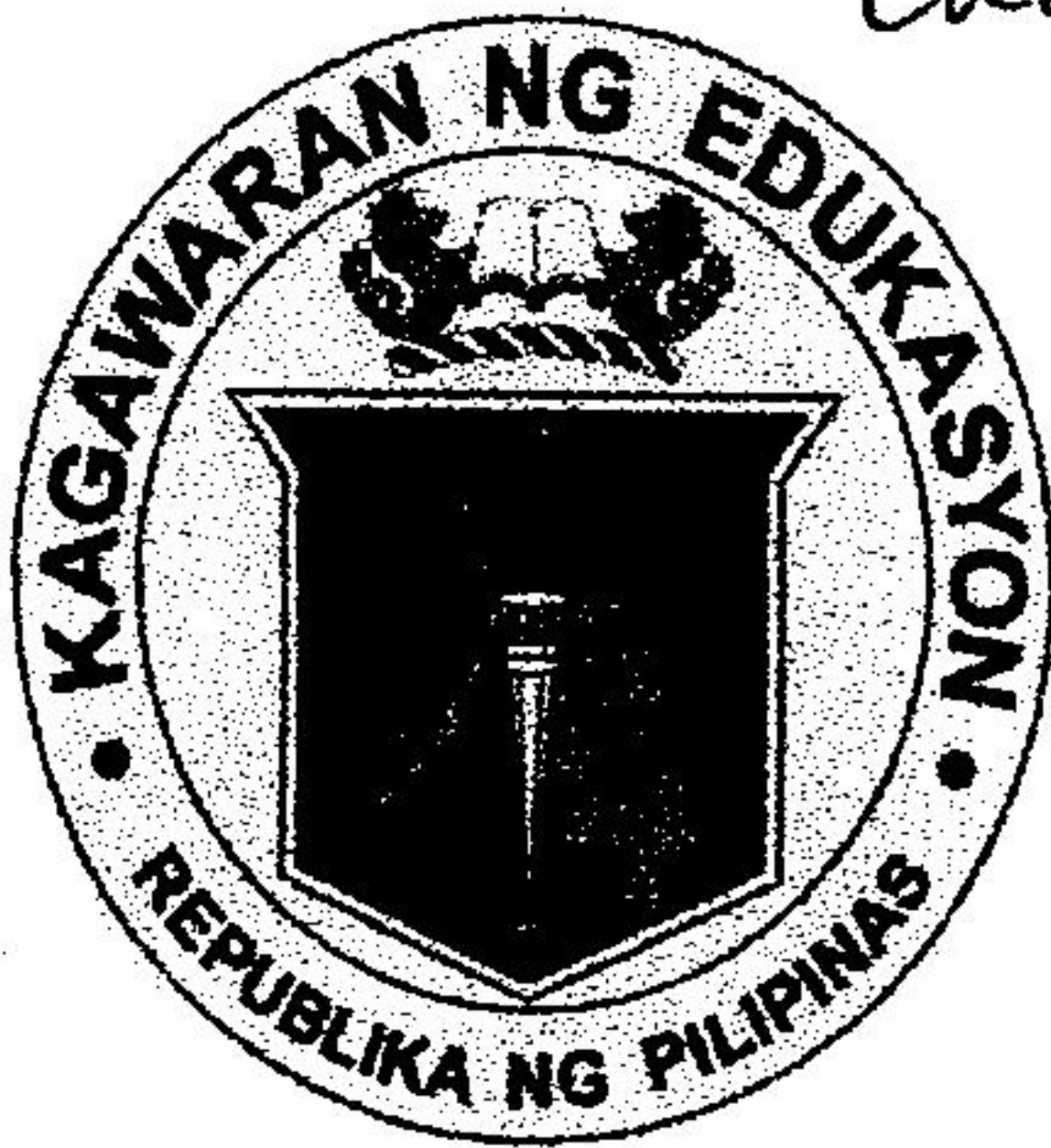
Event: _____

Physical Examination

<p>School/Intrams/District Meet</p> <p>_____ Physician/Medical Officer <i>(signature over printed name)</i></p> <p>PRC LICENSE: PTR NO.</p>	<p>Remarks/Findings:</p> <p>Ht. _____ cm Wt: _____ kg</p> <p>BP. _____ mmHg</p> <p>PR: _____ bpm</p> <p>RR: _____ cpm</p>	<p><input type="checkbox"/> FIT</p> <p><input type="checkbox"/> UNFIT</p> <p>Date: _____</p>
<p>Unit/Division Meet</p> <p>_____ Physician/Medical Officer <i>(signature over printed name)</i></p> <p>PRC LICENSE: PTR NO.</p>	<p>Remarks/Findings:</p> <p>Ht. _____ cm Wt: _____ kg</p> <p>BP. _____ mmHg</p> <p>PR: _____ bpm</p> <p>RR: _____ cpm</p>	<p><input type="checkbox"/> FIT</p> <p><input type="checkbox"/> UNFIT</p> <p>Date: _____</p>
<p>Regional Meet</p> <p>_____ Physician/Medical Officer <i>(signature over printed name)</i></p> <p>PRC LICENSE: PTR NO.</p>	<p>Remarks/Findings:</p> <p>Ht. _____ cm Wt: _____ kg</p> <p>BP. _____ mmHg</p> <p>PR: _____ bpm</p> <p>RR: _____ cpm</p>	<p><input type="checkbox"/> FIT</p> <p><input type="checkbox"/> UNFIT</p> <p>Date: _____</p>
<p>Palarong Pambansa</p> <p>_____ Physician/Medical Officer <i>(signature over printed name)</i></p> <p>PRC LICENSE: PTR NO.</p>	<p>Remarks/Findings:</p> <p>Ht. _____ cm Wt: _____ kg</p> <p>BP. _____ mmHg</p> <p>PR: _____ bpm</p> <p>RR: _____ cpm</p>	<p><input type="checkbox"/> FIT</p> <p><input type="checkbox"/> UNFIT</p> <p>Date: _____</p>

FOR SCHOOL SPORTS (Lower Meet up to Palarong Pambansa)

Handwritten signature



Republic of the Philippines
DEPARTMENT OF EDUCATION

Region

Division

School

School Address

Date

CERTIFICATE OF COMMITMENT

I, _____, of legal age, single/married/widow,
(Name of Chaperon)
Filipino citizen, and presently working as _____
(Position)
at _____, hereby commit myself to nurture
(Work Address)
the athletes of _____, provided that due care and
(Name of Event)
precaution will be observed to ensure the comfort and safety of the athletes
until the last day in the Lower Meet up to the Palarong Pambansa.

That I will not interfere in the Coaching of our Team or Act as Coach of
the Athlete as it is not my responsibility to do so.

Signature over Printed Name of Chaperon

Verified:

School Head
(Signature Over Printed Name)

FOR SCHOOL SPORTS (Lower Meet up to Palarong Pambansa)

Handwritten signature

Republic of the Philippines
DEPARTMENT OF EDUCATION

MCForm - 3



(Region)

(Division)

(School)

(School Address)

MEDICAL CERTIFICATE
(COACHES, ASSISTANT COACHES, CHAPERONE)

(Date)

To Whom It May Concern:

This is to certify that I have personally examined _____

age _____ sex _____ and have found that he/she is physically ☐ ^{Name}fit ☐ unfit, during
the time of examination, to join and participate in the lower meets up to Palarong Pambansa.

Event: _____

Physical Examination

School/Intrams/District Meet _____ Physician/Medical Officer (signature over printed name) PRC LICENSE: PTR NO.	Remarks/Findings: Ht. _____ cm Wt. _____ kg BP. _____ mmHg PR: _____ bpm RR: _____ cpm	<input type="checkbox"/> FIT <input type="checkbox"/> UNFIT Date:
Unit/Division Meet _____ Physician/Medical Officer (signature over printed name) PRC LICENSE: PTR NO.	Remarks/Findings: Ht. _____ cm Wt. _____ kg BP. _____ mmHg PR: _____ bpm RR: _____ cpm	<input type="checkbox"/> FIT <input type="checkbox"/> UNFIT Date:
Regional Meet _____ Physician/Medical Officer (signature over printed name) PRC LICENSE: PTR NO.	Remarks/Findings: Ht. _____ cm Wt. _____ kg BP. _____ mmHg PR: _____ bpm RR: _____ cpm	<input type="checkbox"/> FIT <input type="checkbox"/> UNFIT Date:
Palarong Pambansa _____ Physician/Medical Officer (signature over printed name) PRC LICENSE: PTR NO.	Remarks/Findings: Ht. _____ cm Wt. _____ kg BP. _____ mmHg PR: _____ bpm RR: _____ cpm	<input type="checkbox"/> FIT <input type="checkbox"/> UNFIT Date:

FOR SCHOOL SPORTS (Lower Meet up to Palarong Pambansa)