



Republic of the Philippines
Department of Education
Region I
SCHOOLS DIVISION OF ILOCOS SUR
Bantay, Ilocos Sur



Control No.:09

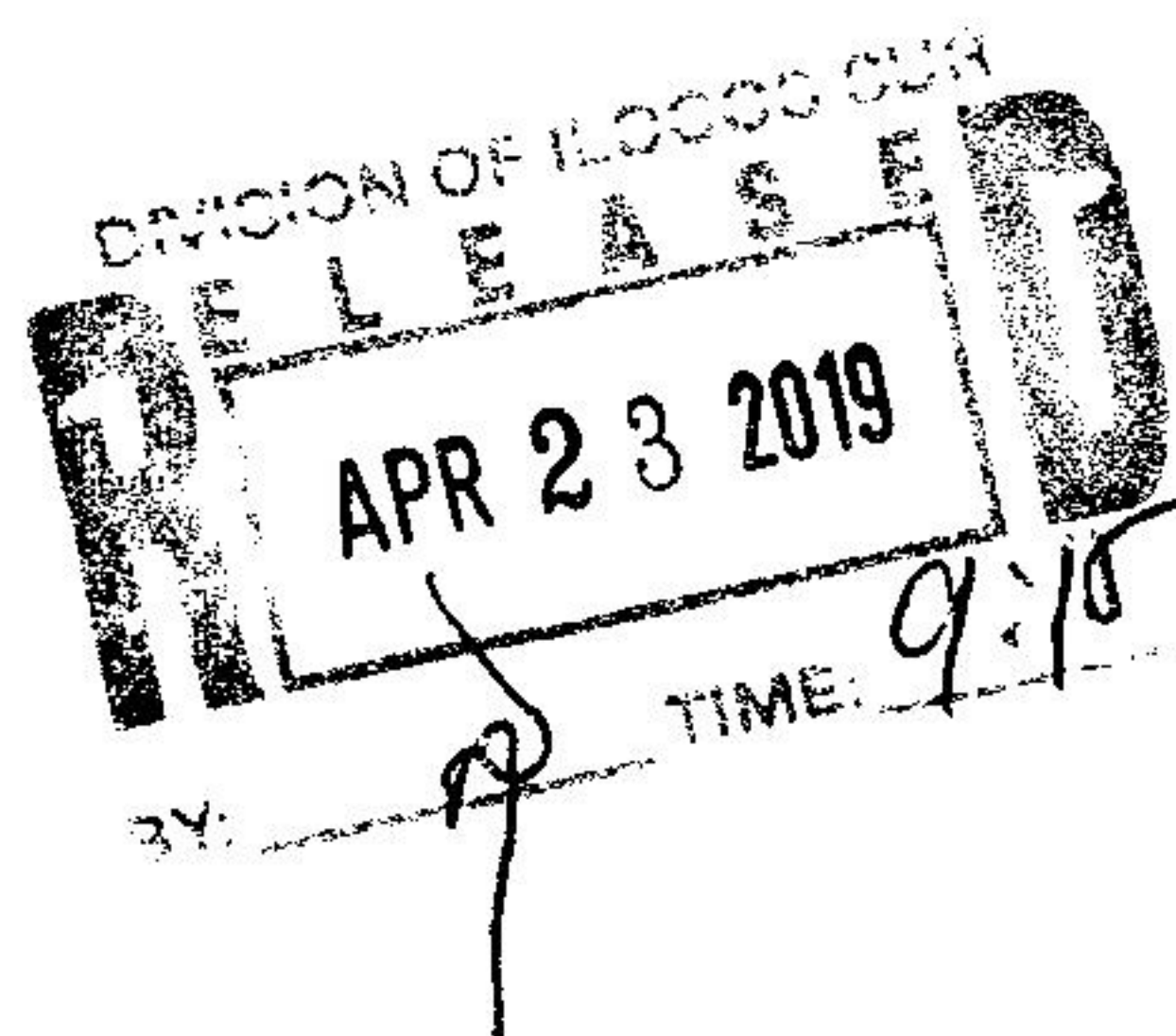
Date: April 22, 2019

DIVISION MEMORANDUM
No. 103 s. 2019

2019 ANNUAL PHYSICAL EXAMINATION

To: OIC-Assistant Schools' Division Superintendent
Chiefs Education Supervisor, SGOD and CID
Secondary School Principals / Heads
Elementary School Principals / Heads / Teacher in Charge

1. Annual Physical Examination embodied in Civil Service Commission Memorandum Circular No. 17 s. 1989 and DepED order No. 144 s. 2004 states that all Teaching and Non Teaching Personnel are required to undergo the Physical Examination to attest to their Physical Fitness on the upcoming SY 2019-2020.
2. Ancillary procedures includes radiologic examination with Chest x-ray and Cell Blood Count (CBC), Urinalysis for the Laboratories as main diagnostic requirements, but is not limited to Fasting Blood Sugar (FBS), BUN, Creatinine, Lipid Profile, Serum sodium, potassium, whole abdominal ultrasound and 12 lead ECG.
3. Personnel exempted from Radiologic procedures and other test are Pregnant Personnel, and those who are newly hired personnel within six months of service.
4. Expenses incurred maybe on the following options, thru TseKAp (Tamang Serbisyo para sa Kalusugan ng Pamilya-Primary Care Benefits I), or Personal expense, and will be done on any preferred Private or Government institution.
5. Activity starts May 2019, to allow Ancillary and Diagnostic Procedures to be done. Medical and Dental Clearance issuances (Form 86), will be spearheaded by the School Health Section, SGOD, but personnel can opt to avail services provided by a Government Physician, utilizing the form (SHD Form 4 and Form 86) prescribed by the Bureau of Learners Support Services (BLSS).
6. Schedules will be coordinated by School Health Personnel, SGOD. SHD Form 4 and Form 86 as well as Hospital / Rural Health Unit facility referral Forms will be provided.
7. For information guidance and compliance.



GEMMA Q. TACUYCUY, CESO V
Schools Division Superintendent

To be included in the Perpetual Index under the ff. subjects:
Annual Physical Examination

